



# NEWSLETTER (Oct 2013)

## *Merrymakers Ballroom Dance Club (2013-2014)*

**Thursday Nights at Las Palmas Grand (2550 S. Ellsworth Rd Mesa, AZ) Oct-April**

**Doors open at 6:00 p.m. Recorded music-6:30 to 7:00 p.m.**

**Live Music: 7:00 – 10:00 p.m.**

website: [www.dancemm.com](http://www.dancemm.com) email: merrymakersdc2013@gmail.com

### **WELCOME**

Thank you for your “seasonal” membership with Merrymakers Ballroom Dance Club, which covers our dance season, October 2013 through April of 2014.

We welcome you and trust that you will have a grand time with your “OLD” friends, as well as meet new dancers and in turn they will become “NEW” friends.

### **PURPOSE**

The purpose of the Merrymakers Ballroom Dance Club, Inc., a Non-Profit Corporation, is to provide a safe and friendly environment where members and other guests are welcome to enjoy ballroom dancing and the camaraderie of meeting old friends and new.

### **BEREAVEMENT**

We are saddened to advise you that President Beverly Hundley passed away July 23, 2013 at her home. The Merrymakers Board will be scheduling Beverly’s “Celebration of Life” soon.

### **REMEMBER LPG RULES**

We don’t want to have a lot of rules and regulations, but want to remind you that we are a guest of the Las Palmas Grand community. The various amenities (i.e. computer room, library, billiards, exercise, etc.) within the LPG Clubhouse are for residents only.

Parking is one area that seems to get everyone’s “dander up”.

### Please do not park . . . .

- In the Handicap marked spaces if you do not have the required authorization.
- The two Mail Pick-Up spots on the West side of the community center.
- The Circle at the main entrance to the Club House.

Additionally,

- Parking is limited to one side of the street to allow for emergency vehicles.

On your first visit to dance, the Security Officer will register your vehicle as a “dancer” and give you a “colored” sheet of paper that should be placed on your dash board each time you enter the Main Gate. This allows you prompt entry. Please remember parking is only to be on ONE SIDE of a street!!!

### **SEATING**

Seating arrangements are for the most part “open”. However, we do mark tables “Singles”, on the West Side of the ballroom and “Couples” on the East Side of the ballroom. Please avoid “saving” seats for friends who do not arrive with you. Be welcoming to “old and new dancers”.

### **SET-UP**

This year, we are going to put pitchers of water at the tables. When you arrive, stop by the kitchen window for your bowl of ice, napkins and cups.

### **CLEAN-UP**

Everyone helps by returning bowls and pitchers to the kitchen window when you leave your table. Put your garbage in the white trash cans that are at the doors and return chairs to the tables.

### **PROGRAMS**

As we were concluding our season in April, we enjoyed a special performance by Wayne Barker and Jeanette Fisher, who performed a Cha Cha routine. Should you be interested in “strutting your stuff” let us hear from you.

### **50<sup>TH</sup> CELEBRATION**

The Merrymakers Ballroom Dance Club will be celebrating 50 years in 2015. Do you have some pictures, some newsletters, or time to help with planning? If so, let your Board of Directors hear from you. This is very exciting and should be a fun event to share with everyone.

### **DANCE EXERCISE**

We'd like to share a few tidbits of information that you may or may not know. Dancing is certainly a healthy activity for all ages. As reported in an article about the Dancing with the Stars program, over the course of a 25 year study of nearly 500 seniors; found that those who “cut the rug” regularly lowered their risk of mental decline related to aging. Researchers surmise that dancing increases blood flow to the brain, curbs feelings of loneliness and challenges the brain through learning new steps and routines.

### **CHARITY INFORMATION**

The past years, our Club has contributed generously to the USO – Call Home program, both at our November Veteran’s Day Dance and through proceeds from our weekly 50/50 tickets. We are fortunate to have Jack Holtine and James Flaughter as members who are both Purple Heart recipients from WWII. Buy your 50/50 ticket(s) as you arrive! We thank all who generously return their “winning pot” to this charity.

### **BOARD MEMBERS**

President – Vyda Bridwell  
Vice President – Patricia Eck  
Secretary – Janelle Oliver  
Treasurer/Cashier – Judy Devine  
Web-Master – Mary Volberding  
Kitchen/Cookie Lady – Lois Mitchell  
Music – James Flaughter  
Band Chair – Wayne Barker  
Clean-up – Teiko Everlith  
Ass’t. Cashier – Lois Delfs  
Ass’t. Kitchen – Jeanette & Paul Fisher

Published October 2013